

Vocabulary of Emotions

	☺ Happiness	☺ Caring	☹ Depression	☹ Inadequateness	☹ Fear	☹ Confusion	☹ Hurt	☹ Anger	☹ Loneliness	☹ Remorse
Strong	Delighted	Adoring	Alienated	Blemished	Alarmed	Baffled	Abused	Affronted	Abandoned	Abashed
	Ebullient	Ardent	Barren	Blotched	Appalled	Befuddled	Aching	Belligerent	Black	Debased
	Ecstatic	Cherishing	Beaten	Broken	Desperate	Chaotic	Anguished	Bitter	Cut off	Degraded
	Elated	Compassionate	Bleak	Crippled	Distressed	Confounded	Crushed	Burned up	Deserted	Delinquent
	Energetic	Crazy about	Bleeding	Damaged	Frightened	Confused	Degraded	Enraged	Destroyed	Depraved
	Enthusiastic	Devoted	Dejected	False	Horrified	Dizzy	Destroyed	Fuming	Empty	Disgraced
	Euphoric	Doting	Depressed	Feeble	Intimidated	Flustered	Devastated	Furious	Forsaken	Evil
	Excited	Fervent	Desolate	Finished	Panicky	Rattled	Discarded	Heated	Isolated	Exposed
	Exhilarated	Idolizing	Despondent	Flawed	Paralyzed	Reeling	Disgraced	Incensed	Marooned	Humiliated
	Overjoyed	Infatuated	Dismal	Helpless	Petrified	Shocked	Forsaken	Infuriated	Neglected	Judged
Medium	Thrilled	Passionate	Empty	Impotent	Shocked	Shook up	Humiliated	Intense	Ostracized	Mortified
	Tickled pink	Wild about	Gloomy	Inferior	Terrified	Speechless	Mocked	Outraged	Outcast	Shamed
	Turned on	Worshipful	Grieved	Invalid	Terror-stricken	Startled	Punished	Provoked	Rejected	Sinful
	Vibrant	Zealous	Grim	Useless	Wrecked	Stumped	Rejected	Seething	Shunned	Wicked
	Zippy		Hopeless	Useless		Stunned	Ridiculed	Storming		Wrong
			In despair	Washed up		Taken-aback	Ruined	Truculent		
			Woeful	Whipped		Thrown	Scorned	Vengeful		
			Worried	Worthless		Thunderstruck	Stabbed	Vindictive		
				Zero		Trapped	Tortured	Wild		
	Light	Aglow	Admiring	Awful	Ailing	Afraid	Adrift	Annoyed	Aggravated	Alienated
Buoyant		Affectionate	Bluc	Defeated	Apprehensive	Ambivalent	Belittled	Annoyed	Alone	Ashamed
Cheerful		Attached	Crestfallen	Deficient	Awkward	Bewildered	Cheapened	Antagonistic	Apart	Contrite
Elevated		Fond	Demoralized	Dopey	Defensive	Puzzled	Criticized	Crabby	Cheerless	Culpable
Gleeful		Fond of	Devalued	Feeble	Fearful	Blurred	Damaged	Cranky	Companionless	Demeaned
Happy		Huggy	Discouraged	Helpless	Fidgety	Disconcerted	Depreciated	Exasperated	Dejected	Downhearted
In high spirits		Kind	Dispirited	Impaired	Fretful	Disordered	Devalued	Fuming	Despondent	Flustered
Jovial		Kind-hearted	Distressed	Imperfect	Jumpy	Disorganized	Discredited	Grouchy	Estranged	Guilty
Light-hearted		Loving	Downcast	Incapable	Nervous	Disquieted	Distressed	Hostile	Excluded	Penitent
Lively		Partial	Downhearted	Incompetent	Scared	Disturbed	Impaired	Ill-tempered	Left out	Regretful
Merry	Soft on	Fed up	Incomplete	Shaky	Foggy	Injured	Indignant	Leftover	Remorseful	
Light	Riding high	Sympathetic	Lost	Ineffective	Skittish	Frustrated	Maligned	Irate	Lonely	Repentant
	Sparkling	Tender	Melancholy	Inept	Spineless	Misled	Marred	Irritated	Oppressed	Shamefaced
	Up	Trusting	Miserable	Insignificant	Taut	Mistaken	Miffed	Offended	Uncherished	Sorrowful
		Warm-hearted	Regretful	Lacking	Threatened	Misunderstood	Mistreated	Ratty		Sorry
			Rotten	Lame	Troubled	Mixed up	Resentful	Resentful		
			Sorrowful	Overwhelmed	Wired	Perplexed	Troubled	Sore		
			Tearful	Small		Troubled	Used	Spiteful		
			Upset	Substandard			Wounded	Testy		
			Weepy	Unimportant				Ticked off		
Light	Contented	Appreciative	Blah	Dry	Anxious	Distracted	Let down	Bugged	Blue	Bashful
	Cool	Attentive	Disappointed	Incomplete	Careful	Uncertain	Minimized	Chagrined	Detached	Blushing
	Fine	Considerate	Down	Meager	Cautious	Uncomfortable	Neglected	Dismayed	Discouraged	Chagrined
	Genial	Friendly	Funk	Puny	Disquieted	Undecided	Put away	Galled	Distant	Chastened
	Glad	Interested in	Glum	Tenuous	Goose-bumpy	Unsettled	Put down	Grim	Insulated	Crestfallen
	Gratified	Kind	Low	Tiny	Shy	Unsure	Rueful	Impatient	Melancholy	Embarrassed
	Keen	Like	Moody	Uncertain	Tense		Tender	Irked	Remote	Hesitant
	Pleasant	Respecting	Morose	Unconvincing	Timid		Touched	Petulant	Separate	Humble
	Pleased	Thoughtful	Somber	Unsure	Uneasy		Unhappy	Resentful	Withdrawn	Meek
	Satisfied	Tolerant	Subdued	Weak	Unsure			Sullen		Regretful
Serene	Warm toward	Uncomfortable	Wishful	Watchful			Uptight		Reluctant	
Sunny	Yielding	Unhappy		Worried					Sheepish	

FEELING VOCABULARY

Angry

aggravated
annoyed
defiant
disgusted
enraged
exasperated
frustrated
furious
hateful
hostile
indignant
infuriated
mad
obstinate
outraged
perturbed
peevish
pissed off
rebellious
seething
spiteful
surlily
upset
vengeful

Ashamed

apologetic
embarrassed
foolish
guilty
humble
idiotic
mortified
regretful
remorseful
shameful
worthless

Confident

bold
capable
centered
eager
energetic
focused
grounded

hopeful
inspired
keen
optimistic
powerful
productive
strong
sure
trusting

Confused

baffled
befuddled
bewildered
disoriented
flustered
perplexed
puzzled
scattered
troubled
unfocused

Happy

amused
cheerful
delighted
ecstatic
elated
excited
exuberant
gleeful
high
joyful
mischievous

Hurt

abandoned
abused
attacked
belittled
bitter
cheated
disappointed
dismayed
grieving
gypped
humiliated

mournful
sorrowful
rejected
resentful

Loving

affectionate
aroused
caring
devoted
intimate
tender
warm

Sad

despondent
depressed
dismal
low
melancholy
miserable
unhappy
weepy

Satisfied

adequate
content
mellow
peaceful
pleased

Scared

afraid
alarmed
fearful
frightened
horrified
hysterical
insecure
intimidated
nervous
panicky
petrified
terrified
threatened
vulnerable

Surprised

aghast
amazed
astonished
astounded
incredulous
shocked
startled

Thankful

appreciative
grateful
gratified
indebted
obliged
relieved

Thoughtful

challenged
curious
illuminated
informed
interested
pensive
reflective

Uncertain

cynical
doubtful
dubious
distrustful
hesitant
indecisive
pessimistic
skeptical
suspicious
unsure
unsettled

Uncaring

ambivalent
apathetic
bored
busy
detached
exhausted
indifferent

lethargic
lazy
tired
unmotivated
nonchalant
occupied
selfish
unconcerned

Wanting

empty
envious
homesick
hungry
ignored
jealous
lonely
longing
lustful

Weak

inadequate
burdened
controlled
despairing
discouraged
helpless
hopeless
impotent
inhibited
lost
passive
powerless
restricted
suicidal

Worried

agitated
anxious
bothered
restless
tense
uneasy
unsettled